

# **Diamonds and Bows with Leanne Wong - NY**

## **LR Productions @ Albany Capital Center**

February 20, 2026 - February 22, 2026

### **Session 1. Level 4 Group 1**

#### **Friday, Feb 20, 2026**

*Clubs: Aerials Gymnastics, Galaxy Gymnastics, Gliders Gymnastics, Kennett's School of Gymnastics Inc., Monticello Gymnastics Club Inc., Nina's Gymnastics Center, Skyline Gymnastics Center LTD*

*72 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

*Awards: 10:55 AM*

### **Session 2. Diamond, Level 5, Level 4 Group 2**

*Clubs: All American Gymnastics - Lynbrook, EPNY, Galaxy Gymnastics, Head Over Heels Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Nina's Gymnastics Center, Paradigm Athletic Center, Skyline Gymnastics Center LTD, Twist N Flip Gymnastics Glenmont*

*69 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:15 AM*

*March In: 11:35 AM*

*Awards: 2:20 PM*

### **Session 3. Level 6**

*Clubs: Aerials Gymnastics, All American Gymnastics - Lynbrook, EPNY, Galaxy Gymnastics, Gliders Gymnastics, Hanover Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Monticello Gymnastics Club Inc., Paradigm Athletic Center, Skyline Gymnastics Center LTD*

*74 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:40 PM*

*March In: 3:00 PM*

*Awards: 5:50 PM*

### **Session 4. Level 7**

*Clubs: Aerials Gymnastics, All American Gymnastics - Lynbrook, Galaxy Gymnastics, Gliders Gymnastics, Hanover Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., MCA Gymnastics, Nina's Gymnastics Center, Paradigm Athletic Center, Skyline Gymnastics Center LTD*

*54 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 6:10 PM*

*March In: 6:30 PM*

*Awards: 9:00 PM*

## Session 5. Level 2 and Level 3 (age 7 and under)

**Saturday, Feb 21, 2026**

*Clubs: Aerials Gymnastics, All American Gymnastics - Lynbrook, Epik Athletics, Galaxy Gymnastics, Gliders Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Nina's Gymnastics Center, Paradigm Athletic Center, Pike Gymnastics*

*87 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:30 AM*

*March In: 8:50 AM*

*Awards: 11:05 AM*

## Session 6. Level 3 (age 8 and over)

*Clubs: Aerials Gymnastics, All American Gymnastics - Lynbrook, Epik Athletics, Galaxy Gymnastics, Gliders Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Monticello Gymnastics Club Inc., Nina's Gymnastics Center, Paradigm Athletic Center, Pike Gymnastics*

*72 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:25 AM*

*March In: 11:45 AM*

*Awards: 1:55 PM*

## Session 7. Level 8, 9, 10, Sapphire

*Clubs: All American Gymnastics - Lynbrook, EPNY, Galaxy Gymnastics, Gliders Gymnastics, Hanover Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Monticello Gymnastics Club Inc., Nina's Gymnastics Center, Paradigm Athletic Center, Skyline Gymnastics Center LTD*

*60 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:15 PM*

*March In: 2:35 PM*

*Awards: 5:40 PM*

## Session 8. Platinum

*Clubs: EPNY, Galaxy Gymnastics, Gliders Gymnastics, Gym Stars, Head Over Heels Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Paradigm Athletic Center, Skyline Gymnastics Center LTD, Twist N Flip Gymnastics Glenmont, Twist N Flip Gymnastics Rotterdam*

*67 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 6:00 PM*

*March In: 6:20 PM*

*Awards: 9:25 PM*

## Session 9. Bronze Group 1

**Sunday, Feb 22, 2026**

*Clubs: Galaxy Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Paradigm Athletic Center, Twist N Flip Gymnastics Colonie, Twist N Flip Gymnastics Glenmont, Twist N Flip Gymnastics Rotterdam*

*81 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

Awards: 10:35 AM

## Session 10. Silver Group 1

*Clubs: Epik Athletics, Galaxy Gymnastics, Gym Stars, Head Over Heels Gymnastics, Paradigm Athletic Center, Twist N Flip Gymnastics Rotterdam*

*60 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 10:50 AM*

*March In: 11:10 AM*

*Awards: 1:00 PM*

## Session 11. Silver Group 2, Bronze Group 2

*Clubs: Epik Athletics, Head Over Heels Gymnastics, Infinity Athletics, Kennett's School of Gymnastics Inc., Nina's Gymnastics Center, Pike Gymnastics, Twist N Flip Gymnastics Colonie, Twist N Flip Gymnastics Glenmont*

*80 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 1:20 PM*

*March In: 1:40 PM*

*Awards: 4:05 PM*

## Session 12. Gold Group 1

*Clubs: Aerials Gymnastics, Epik Athletics, Galaxy Gymnastics, Gym Stars, Infinity Athletics, Skyline Gymnastics Center LTD*

*60 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 4:20 PM*

*March In: 4:40 PM*

*Awards: 6:35 PM*

## Session 13. Gold Group 2

*Clubs: Gliders Gymnastics, Head Over Heels Gymnastics, Kennett's School of Gymnastics Inc., Nina's Gymnastics Center, Paradigm Athletic Center, Twist N Flip Gymnastics Glenmont, Twist N Flip Gymnastics Rotterdam*

*71 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 6:50 PM*

*March In: 7:10 PM*

*Awards: 9:25 PM*